



A. milk spot collection card B. card's sleeve C. aluminium foil bagD. return envelope

IMPORTANT: Collect your milk sample during the first feed of the day, before eating breakfast or taking any supplements. For best results, collect your sample in the middle or end of the feeding session.

USER INSTRUCTIONS:

- Register the test kit at <u>omegaquant.com/minami</u> using the barcode on the collection card. You will NOT receive your results unless it is registered.
- 2 Fill out information requested on the collection card.
- Place a drop of milk on the filter paper in the circle, repeat for 2nd circle. Milk drop can be directly from the nipple or from a bottle of pumped milk, fresh or thawed. Collecting more than 1 drop will not affect results, but it is all that is needed.
- Let the milk spot dry with the flap open for several minutes. Fold the flap on the collection card over to cover the dried milk spot. Place the card into the card's sleeve.
- Place the sleeve with the card into aluminium foil bag and close it tightly. Do not remove drying agent inside the aluminium foil bag.
- OPlace the aluminium foil bag into the pre-paid return mail envelope, then post on the same day.
- You will receive your lab results and personalised reccommendation via email in 1-2 weeks.



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